

COVID Protocol for Staff/Students

NRHEG Public Schools

2023-2024

Report all positive cases in students and staff to NRHEG health offices.

IF YOU TEST POSITIVE:

REQUIRED isolation for at least five (5) days starting at the onset of symptoms. Or if you have no symptoms, the day of a positive test.

If you have no symptoms but test positive:

- Day 0 of isolation is the day you tested positive.
- Day 1 is the first full day after positive test.

If you have symptoms and test positive:

- Day 0 of isolation is the day of symptom onset, regardless of when you tested positive.
- Day 1 is the first full day after the day your symptoms started.

YOU CAN RETURN WHEN:

Five (5) days at home isolation are complete, symptoms are improving, 24 hours fever free (without fever-reducing medication), and student/staff is well enough to perform school activities. It is recommended you wear a mask until day 10.

EXPOSURES (INCLUDING HOUSEHOLD MEMBERS)

If you have been exposed to COVID, but have not tested positive and have no symptoms you can be in school and masking is recommended.